



Greater Dayton Hospital Association Greater Miami Valley EMS Council Sponsored:

Public Safety Worker's Infectious Disease Exposure Reporting Policy Template

Purpose of This Document

The "Infectious Disease Exposure Reporting Policy Template" provides public safety personnel (including fire, EMS, and law enforcement) and hospitals with a set of standard guidelines and expectations for defining, responding to, and following up on an infection control exposure incident involving an emergency response provider.





Purpose of Document as Template

 Intended for both hospitals and EMS to use as a template to create their own policies, while ensuring operational consistency.



Definition of a Blood Bourne Exposure

An EXPOSURE incident that may place a public safety worker at risk for Hepatitis B Virus (HBV), Hepatitis C Virus (HCV), or Human Immunodeficiency Virus (HIV) infections or other blood borne pathogens that includes:

- A percutaneous injury (e.g., a needle stick or cut), or
- Contact of mucous membrane or non-intact skin (e.g., exposed skin that is chapped, abraded, or afflicted with dermatitis) with blood, tissue, or other body fluids that are potentially infectious.



Post Exposure "First Aid"

An exposed public safety worker should take the following immediate "first aid" action steps:

- 1. Immediately irrigate the involved area.
- 2. Flush eyes with copious amounts of normal saline, if indicated.
- 3. Wash skin vigorously with soap and water. If soap and water is not available, rinse area with another available solution such as normal saline or a water-based liquid. Waterless hand cleaners are not recommended for post-exposure gross decontamination, but can be used when other options are not available.







Post Exposure Procedures

- Employee shall report the exposure incident to the receiving hospital and to his/her immediate supervisor.
- Exposed employees are <u>REQUIRED</u> to register as a patient at the receiving hospital (same receiving hospital as the source).
- Once at the receiving hospital, the exposed employee should locate and complete the "Request for Information by Emergency Care Workers (RIECW)" form (see Appendix A). When completed, the form should be submitted to the nurse handling the exposed employee's care in the Emergency Department (ED).



Post Exposure Procedures

- The EMS Coordinator for the receiving hospital can serve as a liaison between the organization and the hospital. The department's infection control officer (ICO) or designated supervisor should, upon receiving notification that there has been an exposure incident, notify the receiving hospital's EMS Coordinator.
- For the purpose of this policy the "department's Infection Control Officer (ICO), designated supervisor, or designee" refers to the person responsible for reporting and coordinating an exposed employee's incident within that Public Safety entity.

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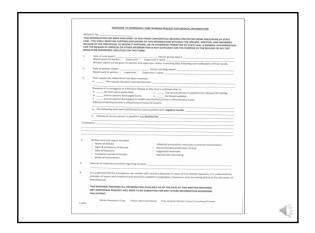


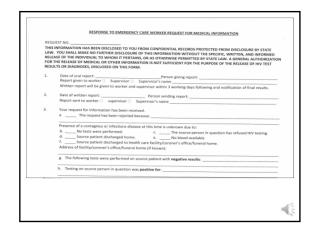


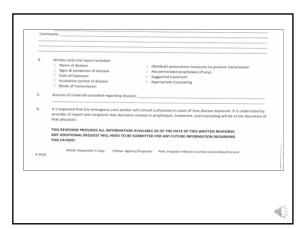


Testing the Source Patient A blood sample is required to determine whether a patient has HIV, HBV or HCV. Blood/Body Fluid (B/BF) testing of a source patient includes the following (MMVR, June 29, 2001): HIV antibody HBV surface antigen (HBsAg) HCV antibody If the source patient is TRANSPORTED to a hospital: The ED obtains patient consent and the blood specimen for testing. In the event that the patient refuses to or cannot give consent (e.g., due to an altered level of conscious) a hospital's infection control committee. or other body of a health care facility performing a similar function' has the authority to obtain the HIV screening when there has been a significant exposure (Ohio Revised Code § 3701.242).

SOURCE PATIENT (TRANSPORTED TO HOSPITAL) RESULTS Hospital-run HIV test results should be available within an hour (may be longer for "stand alone" or smaller EDs); HBV and HCV results may not be available for several days. The exposed employee is expected to remain a patient in the ED until he/she has received the results of the rapid HIV test and any additional counseling from the attending physician. The employee is expected to communicate his/her follow-up needs to your department's ICO or designated supervisor. Written notification (Response to Emergency Care Worker's Request for Medical Information Form) of positive test results shall be provided directly to the affected employee by the hospital ICO or designee within three (3) days after oral notification (Ohio Revised Code \$3701.248). Confidentiality of the source patient and public safety worker information shall be maintained at all times. Only information pertaining to source patient results will be released to the employee who is still present in the ED as described above. The department ICO or designee and the public safety worker shall not disclose any medical information publicly about the source patient.







PATIENTS NOT TRANSPORTED TO A HOSPITAL BY EMS

- Employees should notify their immediate supervisor, and their immediate supervisor should notify that public safety organization's ICO or designee. Federal regulations dictate that, "following report of an exposure, the employer shall make immediately available to the exposed employee a confidential medical evaluation and follow-up" (OSHA 29 CFR, 1910.1030f) (3)).
- Exposed employee should be directed to any ED for treatment.
- Employee shall locate, complete, and sign the Request for Information by Emergency Care Workers (RIECW) Form (Appendix A), which should be available, completed, and submitted to the nurse handling care in the ED.
- If the public safety worker is aware that the patient went to an ED by other means, the employee's supervisor may call the ED charge nurse of the patient's destination and notify them of the exposure, with a request to obtain baseline testing of the source patient. The written Request for Notification of Test Results shall be faxed to the ED charge nurse as soon as possible by the employee or the department's ICO.

Post Exposure Prophylaxis (PEP)

- Post-exposure prophylaxis (PEP) treatment may be offered to the public safety worker by the ED or workplace health provider in accordance with current clinical guidelines and local PEP protocols. Additionally, the employee may wish to consult their personal physician.
- based assessment based on known or unknown source patient and type of exposure.
- Employees receiving PEP treatment should be followed up within 72 hours of starting treatment.
- The PEP treatment decision should consider laboratory results when available.



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HIV Prophylaxis

- Decisions about PEP can be modified if additional information becomes available.
- Any exposed Public safety workers <u>must</u> register as ED patients to receive HIV prophylaxis from the hospital.
- HIV PEP should be started as soon as possible.
- Counseling should be made available through the agency's employee assistance program (EAP) or by contractual agreements.



Hepatitis Prophylaxis

- Hepatitis Prophylaxis is dependent on the public safety worker's vaccine status.
- There is no prophylaxis for HCV at this time. In cases of positive source HCV results, the employee should follow up with his or her workplace health provider for medical evaluation and care.

Public Safety Worker Baseline Testing (Post Exposure)

- Baseline testing of the exposed public safety worker is the employee's choice. Agencies should maintain signed statements of employees who decline baseline testing/evaluation at the time of an exposure.
- Baseline testing is the term given to the set of initial laboratory tests that should be drawn on an exposed employee. This data may be used to compare future assessments in determining if an infectious disease was contracted. Baseline testing is not emergent; however, evaluation for PEP as discussed above should be considered urgent and care sought immediately.
- In cases where the source patient testing is negative but the public safety worker still wants further testing, the employee is encouraged to follow up with their private physician or your department's workp
- Public safety worker baseline testing includes at minimu

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- HIV antibodyHepatitis B surface antibody
- Hepatitis B surface antigen
- Hepatitis C virus antibody



Respiratory Exposure

Respiratory exposure is defined as contamination with an infectious agent through the respiratory tract. This occurs via one of two routes (CDC, Rationale for Isolation Precautions in Hospitals, 1996):

- · Via airborne infectious agents with small-particle residue of evaporated droplets containing microorganisms that remain suspended in the air for long periods of time (example is tuberculosis, rubella, and varicella virus).
- Via droplet infectious agents which are propelled a short distance (less than three feet) through the air by coughing or sneezing: these droplets are acted upon rapidly by gravity (examples are meningitis, pertussis and influenza).

Respiratory exposures may not be immediately known by the public safety worker, especially if the patient is not overtly symptomatic.

IMMEDIATE ACTIONS OF THE AIRBORNE-EXPOSED PUBLIC SAFETY WORKER

- Don PPE <u>as soon as possible</u> at the scene or during transport if the patient is known to have a respiratory infection or is coughing or spraying secretions.
- If secretions are splashed or coughed into the eyes or other mucous membranes, flush with copious amounts of normal saline as soon as
- The public safety worker who suspects a respiratory exposure or is notified of such an exposure should:
 - Notify the department ICO that an exposure occurred

 - Notify the ED charge nurse of the exposure occurred
 Notify the ED charge nurse of the exposure upon delivery of the patient
 Complete the Request for Information by Emergency Care Workers (RIECW) Form (Appendix A), In these cases being checked in as an ED patient may or may not be necessary.

IMMEDIATE ACTIONS OF THE AIRBORNE-EXPOSED PUBLIC SAFETY WORKER

Upon receipt of the source patient's diagnosis, follow-up care and prophylaxis may be necessary for those exposed. At this point exposed employees may have to return to the receiving hospital and be checked in as a patient to receive care. In other situations follow-up care and prophylaxis may come from your department's workplace health provider.

BLOOD/BODY FLUID & AIRBORNE EXPOSURES BY CORONER'S CASES

- In cases where there is a public safety worker exposure during resuscitation efforts, it is recommended that crews transport the patient to the hospital where source testing can be performed, rather than follow field termination procedures. However, in some incidents, exposure of a public safety worker may occur from a deceased victim who must remain at a scene for a period of time pending a coroner's investigation.
- Immediate actions of the exposed provider:
 - Decontaminate self as described in previous sections.
 - Notify the department ICO or designee that the exposure occurred.
 - At the direction of the department ICO or designee, seek treatment at an ED or at your organization's workplace health provider.
 - Consider prophylaxis based on the index of suspicion.



BLOOD/BODY FLUID & AIRBORNE EXPOSURES BY CORONER'S CASES

- · Actions of the ICO or designee:
 - The Coroner or Coroner's Investigator shall be notified as soon as possible by the department's ICO or designee that an exposure has occurred.
 - A Request for Information by Emergency Care Workers form (Appendix A) shall be forward to the Coroner's Office as soon as possible after notification.

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Corner's Office Testing Source Patient

The Coroner shall make every effort to test a source patient by the next business day of being notified of the exposure. In some cases, the Coroner may elect to send a specimen to an outside lab for testing. The public safety worker shall not wait for testing results from the Coroner to seek medical evaluation.

Source patients test results:

The Coroner or Deputy Coroner shall notify the department ICO or designee of source patient test results as soon as possible. Oral notification of source HIV status (positive or negative) shall be provided to the department ICO or designee within two days of test results, and written notification of positive test results shall be provided within three days after oral notification (ORC §3701.248).

